



FITNESS PRICING

PERSONAL TRAINING

	PRIVATE		SEMI-PRIVATE		
	1 HOUR	1/2 HOUR	1 HOUR	1/2 HOUR	
1 SESSION	\$65	\$48	\$40/person	\$30/person	*10 PACKS ARE AVAILABLE WHEN TRAINING AT LEAST 2 TIMES/WEEK
5 PACK	\$310	\$225	\$185/person	\$135/person	ADD \$5/SESSION TO ALL NON-MEMBER PERSONAL TRAINING
10 PACK*	\$590	\$420	\$340/person	\$240/person	PERSONAL TRAINING IS NON-REFUNDABLE

PILATES REFORMER CLASSES

	PRIVATE	SEMI-PRIVATE (DUET)	GROUP (3-5)
1 SESSION	\$60	\$35/person	\$22/person
5 PACK	\$275	\$165/person	\$100/person
10 PACK	\$500	\$300/person	\$170/person
20 PACK	\$900		

NON-MEMBERS ARE WELCOME TO TAKE PILATES CLASSES AT AN ADDITIONAL FEE.

PRIVATE YOGA

	PRIVATE	SEMI-PRIVATE	ADD \$5/SESSION TO ALL NON-MEMBER PRIVATE YOGA SESSIONS.
1 SESSION	\$65	\$34/person	PRIVATE YOGA SESSIONS ARE NON-REFUNDABLE
3 SESSIONS	\$180	\$96/person	

PRIVATE MEDITATION

	PRIVATE	SEMI-PRIVATE	ADD \$5/SESSION TO ALL NON-MEMBER PRIVATE MEDITATION SESSIONS.
1 SESSION	\$65	\$34/person	PRIVATE MEDITATION SESSIONS ARE NON-REFUNDABLE
3 SESSIONS	\$180	\$96/person	

NUTRITION COUNSELING

1 SESSION	\$65	ADD \$5/SESSION TO ALL NON-MEMBER NUTRITION COUNSELING SESSIONS.
5 PACK	\$310	NUTRITION COUNSELING SESSIONS ARE NON-REFUNDABLE